

Rennie 680 mg/80 mg chewable tablets

680 mg calcium carbonate and 80 mg magnesium carbonate.

What is Rennie and what is it used for?

Rennie is an antacid that provides relief from heartburn and acid indigestion.

Rennie is used to treat symptoms caused by the backflow of acid from the stomach into the mouth, resulting in a burning sensation or pain behind the breastbone. Additionally, Rennie can be used to directly treat symptoms caused by excessive acidity in the stomach, such as heartburn. It can also be used to treat symptoms that arise from ulceration in the upper part of the digestive tract.

Do not use Rennie if:

- you are allergic to calcium carbonate or magnesium carbonate or any of the other ingredients
- you have severe kidney dysfunction and/or kidney stones.
- Read this leaflet carefully as it contains important information for you.
- This medicine is available without a prescription for the treatment of a mild condition where advice from a doctor is not necessary.
- Consult your doctor if symptoms worsen or do not improve within 14 days.

Be extra cautious with Rennie if you have impaired kidney function. You should consult your doctor before using Rennie in such cases, as this medicine can cause complications due to high concentrations of magnesium in the blood. This can manifest as low blood pressure, nausea, vomiting, reduced breathing, slow heart rate or coma.

This medicine may mask any stomach disorders; it should not be used continuously for more than 14 days without consulting a doctor. Additionally, prolonged use of high doses can lead to unwanted side effects such as milk-alkali syndrome (see also the section 'Possible side effects').

If symptoms do not improve or only partially improve, further medical examination is necessary.

Consult your doctor if any of the above warnings apply to you, or have been applicable in the past.

Use of Rennie in combination with other medicines:

When using other medicines in addition to Rennie, it is recommended to wait 1 to 2 hours after taking these medicines before using. The absorption and therefore the efficacy of medicines may be affected by simultaneous use with Rennie.

Inform your doctor or pharmacist if you are using or have recently used other medicines, including those obtained without a prescription.

Pregnancy: As far as is known, this medicine can be used safely during pregnancy.

Breastfeeding: As far as is known, this medicine can be used without any problems during breastfeeding.

Driving and using machines

It is not expected that this medicine will have an effect on these functions.

How to use Rennie?

Rennie Sugar-Free chewable tablets are taken without water. You can either chew or suck on the tablets.

The usual dosage for all mentioned indications is to suck on 1 to 2 tablets, repeat if necessary (maximum of 16 chewable tablets per day). To get rapid relief, chew the first tablet thoroughly.

Do not use Rennie for longer than 14 days without consulting a doctor. If you notice that Rennie is too strong or not effective enough, consult your doctor or pharmacist.

What to do if you have taken too much Rennie?

If you have taken too much Rennie, immediately contact your doctor or pharmacist. Prolonged intake of high doses of calcium carbonate may cause gastrointestinal discomfort such as nausea and vomiting, and abnormal muscle weakness. In these cases, stop using and drink enough fluids.

What to do if you forget to take Rennie?

Never take a double dose of Rennie to make up for a missed dose.

Possible side effects: Like all medicines, Rennie can cause side effects, although not everybody gets them.

Gastrointestinal disorders: Calcium carbonate can have a constipating effect. However, this is counteracted by the laxative effect of magnesium carbonate.

Skin and subcutaneous tissue disorders: Hypersensitivity reactions, including shock (severe drop in blood pressure, pallor, restlessness, weak rapid pulse, clammy skin, decreased consciousness) due to sudden severe dilation of blood vessels as a result of severe hypersensitivity to certain substances (anaphylactic shock) and sudden fluid accumulation in the skin and mucous membranes (e.g. throat or tongue), difficulty breathing and/or itching and rash, often as an allergic reaction (angioneurotic edema) have rarely been observed.

Nutritional and metabolic disorders: Prolonged use of Rennie can lead to excessive magnesium levels in the blood, especially in patients with impaired kidney function. This can result in low blood pressure, nausea, vomiting, decreased breathing, slow heart rate or coma. In

addition, prolonged use of Rennie can lead to excessive calcium levels in the blood. In combination with sodium bicarbonate or a lot of milk and vitamin D, this can lead to the so-called milk-alkali syndrome.

Excessive intake of Rennie can lead to kidney stone formation.

How to store Rennie 680 mg/80 mg?

Store Rennie chewable tablets below 30°C in the original packaging to protect against moisture.