

Visine 0.5 mg/ml eye drops, solution

Tetryzoline hydrochloride

What is Visine and what is it used for?

- Visine eye drops are a solution for external use.
- Visine is a decongestant eye drop.
- Visine is used for the short-term treatment of eye irritation.

If your condition does not improve after 2 days or if it worsens, contact your doctor.

When should you not use this medicine or be extra careful with it?

When should you not use this medicine?

- You are allergic to any of the ingredients in this medicine. You can find these ingredients in section 6 of this leaflet.
- If you suffer from high pressure in the eye (narrow-angle glaucoma).
- If soft contact lenses are worn, they must be removed during treatment (wait at least 15 minutes before reapplying the lenses).
- When should you be extra careful with this medicine?
- Visine should only be used for less severe irritations.

No long-term use. Long-term use or overdose can cause increased or rebound hyperemia (redness). Use of this medicine can cause temporary dilation of the pupil. If you do not see improvement in irritation and redness within 48 hours or if you observe worsening, you should consult a specialist.

In case of severe problems such as infections, presence of a foreign body in the eye, contact with a chemical product, severe pain, appearance of spots before the eyes, double vision, headache, sensitivity to light, sudden change in vision, immediate consultation with a specialist is necessary. This preparation should be used with caution in patients with hypertension, cardiac arrhythmias, hyperglycemia, hyperthyroidism. If you are taking any other medications, please also read the section "Are you taking any other medications?" Consult your pharmacist or doctor if any of the above warnings apply to you or have applied in the past. Contact your doctor or pharmacist before using this product. Children and adolescents under 18 years of age require adult supervision when using this product, especially for children under 12 years of age.

Are you taking any other medications: Tetryzoline may be absorbed into the bloodstream. As a result, an interaction is possible with drugs such as maprotiline (antidepressant), tricyclic antidepressants, phenothiazines (antipsychotic drugs), and MAO (monoamine oxidase) inhibitors (antidepressant drugs). If you are taking any other medications in addition to Visine, have recently taken them, or may take them soon, please tell your doctor or pharmacist.

What to watch out for with food and drink: Not applicable.

Pregnancy, breastfeeding, and fertility: If you are pregnant, think you might be pregnant, are planning to become pregnant, or are breastfeeding, please contact your doctor or pharmacist before using any medication. There is currently no data on the effect of this medication during pregnancy in humans. Your doctor or pharmacist will determine whether you can use the eye drops during pregnancy. You should not use Visine while breastfeeding without first discussing it with your doctor.

There is no information available on the effect of Visine on the fertility of men and women. Therefore, always consult your doctor if you want to use Visine during the period when you want to become pregnant.

Driving and using machines: Possible dilation of the pupil can be inconvenient. Visine contains benzalkonium chloride. This medication contains 0.1 mg of benzalkonium chloride in each ml of solution. Benzalkonium chloride can be absorbed by soft contact lenses and can change the color of the contact lenses. You must remove your contact lenses before using this medication and only put them back in 15 minutes later. Benzalkonium chloride can also cause eye irritation, especially if you have dry eyes or a corneal condition (the transparent front layer of the eye). If you experience any eye irritation, please contact your doctor or pharmacist.

How to use this medication?: Always use this medicine exactly as stated in this leaflet or as instructed by your doctor or pharmacist. If you are unsure about the correct use, please contact your doctor or pharmacist. If there is no improvement within 48 hours, consult your doctor again.

Soft contact lenses should be removed during treatment. After at least 15 minutes, the lenses can be reinserted. The following measures are useful after administering the eye drops to reduce absorption into the bloodstream:

Keep the eyelid closed for 2 minutes.

Press the tear duct with your finger for 2 minutes.

The recommended dosage is 1 drop, 2 times a day, up to a maximum of 2 drops, 4 times a day. The duration of treatment should be as short as possible and should not be continued after the symptoms disappear.

Use in children and adolescents under 18 years of age:

The same doses are recommended for children over 2 years of age. Adult supervision is recommended for use in children under 12 years of age.

What to do if you have used too much of this medication?

If you have used or taken too much Visine, contact your doctor, pharmacist or the Poison Control Center (070/245.245) immediately. If excessive doses have entered the eye, it should be flushed with physiological serum.

Symptoms: Tetryzoline: If you exceed the doses, a burning sensation and a feeling of swelling may occur.

Benzalkonium chloride: If taken orally, nausea, vomiting, cramps, collapse of the vascular system (vascular collapse) and unconsciousness may occur.

Treatment: Treatment will be directed at the symptoms of overdose.

What if you forget to use this medication?

Never use a double dose to make up for a forgotten dose. You may use an extra dose in accordance with the instructions, i.e. never administer more than 3 times a day.

If you stop using this medication: The recurrence of the condition after stopping treatment is possible.

Possible side effects

Like all medicines, this medicine can have side effects, although not everybody gets them. Reactions that may occur, but whose frequency is not known, are: pupil dilation, burning sensation in and around the eyes, redness, irritation, edema, pain, and itching.

Long-term or frequent use can lead to tolerance and the risk of reactive hyperemia (redness). Reactions such as headache, nausea, and dizziness may occur.

The frequency, nature, and severity of side effects in children are expected to be the same as in adults.

How to store this medicine?

- Keep out of the sight and reach of children.
- No special storage conditions are required for this medicine.
- After opening, Visine should only be used for 28 days.