

Duratears free tm eye drops for single use

Povidone 20 mg/ml

what is duratears free and what is it used for?

DURATEARS FREE eye drops contain povidone, a substance that resembles natural tears. It is used to reduce eye irritation and as an artificial tear fluid. DURATEARS FREE eye drops are generally prescribed by your doctor to treat "dry eyes." Dry eyes can occur as a result of reduced tear production, dehydration of the cornea, or in situations where the eyes cannot be closed. This can cause irritation of the mucous membrane that covers the eyelids and the eyeball.

when should you not use this medicine or be extra careful with it?

When should you not use this medicine?

You are allergic to any of the substances in this medicine.

When should you be extra careful with this medicine?

Use DURATEARS FREE only to drop into your eye/eyes.

If you experience headache, eye pain, changes in vision, eye irritation, or persistent redness of the eye, or if the condition worsens or persists, use of DURATEARS FREE should be discontinued and a doctor should be consulted. Contact lens wearers can apply the eye drops without removing their lenses, as the product does not contain a preservative.

Contact your doctor or pharmacist before using this medicine.

Do you use any other medications: Do you currently use or have you recently used any other medications, or is there a possibility that you will use other medications in the near future? If so, please tell your doctor or pharmacist.

Pregnancy, breastfeeding, and fertility: Are you pregnant, do you think you might be pregnant, do you want to become pregnant, or are you breastfeeding? If so, please contact your doctor or pharmacist before using this medication. DURATEARS FREE can be used during pregnancy and breastfeeding.

Driving and using machinery: After using DURATEARS FREE, your vision may be blurry for a while. Do not drive or use machinery until this has subsided.

how to use this medicine: Always use this medication exactly as described in this leaflet or as your doctor or pharmacist has instructed you. If you are unsure about the correct use, please contact your doctor or pharmacist.

The usual dosage is 2 drops in the affected eye(s) 4-5 times a day. Follow the steps below to properly administer DURATEARS FREE.

Do not use a package that has already been opened.

- Take the strip of pipettes and remove one pipette by gently twisting and pulling it from the strip.
- Have a mirror nearby and wash your hands.
- Hold the long, flat end of the pipette between your thumb and forefinger and open it by twisting off the other end.
- Tilt your head back and look up. Use a clean finger to pull your eyelid down to create a "pouch" between your eyelid and your eye. The drop will go into this pouch.
- Hold the pipette between your thumb and fingers with the opening facing downward.
- Bring the tip of the pipette close to your eye. Use the mirror if you find it helpful.
- Do not touch your eye or eyelid, surrounding areas, or other surfaces with the tip of the pipette.
- Gently press on the bottom of the pipette to release one drop into the pouch between your eyelid and your eye.
- Press your finger in the corner of your eye near your nose for a few seconds (figure 4), then blink several times to evenly distribute the drop over your eye.
- If your doctor prescribed you to put drops in both eyes, repeat these steps for the other eye with the same pipette.
- Immediately discard the pipette and any remaining liquid.

The content of one DURATEARS FREE pipette is 0.4 ml and is sufficient for one application. This means for the one-time instillation in both eyes. Any remaining eye drops in the opened package should not be used. Use DURATEARS FREE only for instilling in your eye(s). If a drop gets outside your eye, try again. Have you used too much of this medication? The occurrence of side effects is unlikely.

Have you forgotten to use this medication: Then continue with the next dose as planned. If it is almost time for your next dose, skip the missed dose and follow your normal dosing schedule. Do not use a double dose to make up for a missed dose. If you are also using other eye drops, wait at least 5 minutes between each administration. Use DURATEARS FREE eye drops after other eye drops. Eye ointments should be used last. Do you

Possible side effects

Like all medicines, this medicine can also have side effects, although not everyone gets them. The following side effects can occur with the use of DURATEARS FREE: The frequency of possible side effects, listed below, is defined according to the following convention: very common (occurs in more than 1 in 10 patients), common (in 1 to 10 out of 100 patients), uncommon (in 1 to 10 out of 1000 patients), rare (in 1 to 10 out of 10,000 patients), very rare (in less than 1 out of 10,000 patients), not known (cannot be determined from the available data).

Effects on the eye: Common: eye irritation, abnormal sensation in the eye **Not known:** eye pain, blurred vision, itching eye, redness of the eye, burning sensation

General side effects: Very rare: allergic reaction **Reporting of side effects**

How to store this medicine?

- Store at room temperature (15 - 25°C).
- Keep out of sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the box after "EXP". The month and year are indicated. The last day of that month is the expiry date.
- Do not flush medicines down the sink or toilet or throw them in the trash. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.