

Dextran 70, Hypromellose, eye drops

What is Duratears and what is it used for?

DURATEARS eye drops are used as artificial tears and provide protection and treatment for dehydration symptoms of the eyes. These so-called "dry eyes" can occur due to Sjögren's syndrome (a certain autoimmune disease), decreased tear production, impending dehydration of the cornea due to eyelid damage, or situations in which the eyes cannot be closed.

When should you not use this medicine or be extra cautious with it?

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You are allergic to any of the substances in this medicine. Consult your doctor if the above warning applies to you.

When should you be extra careful with this medicine?

Contact your doctor or pharmacist before using this medicine.

Use DURATEARS only to drop in your eye(s).

When the irritation of dry eye persists or worsens. The treatment should then be stopped.

Consult your doctor first.

When you wear contact lenses. Consult your doctor about wearing contact lenses in extreme cases of dry eyes. If you experience headaches, eye pain, changes in your vision, irritation of your eyes, or persistent redness of the eyes, or if your condition worsens or lasts longer than 3 days, stop using this medication and consult your doctor.

Do you use any other medicines?

When using more than one medicine for your eye(s), wait 5 minutes between using one and the other. Ointments for the eyes should be used last. If you are taking other medicines besides DURATEARS, or if you have recently taken them or may take other medicines in the near future, tell your doctor or pharmacist. This also applies to medicines that you can get without a prescription.

Pregnancy and breastfeeding

DURATEARS eye drops can be used during pregnancy and breastfeeding according to prescription, without risk to the fetus and the infant. Are you pregnant, think you may be pregnant, want to become pregnant or are you breastfeeding? Then contact your doctor or pharmacist before using this medicine.

Driving and using machines

Impairment of driving ability and the ability to operate machinery is unlikely. Only at the time of administration, temporary blurry vision may occur. Do not drive vehicles or use machinery until this effect has disappeared.

How to use this medication?

Always use this medication exactly as your doctor has told you. If you are unsure about the correct use, please contact your doctor or pharmacist.

Unless otherwise prescribed, one or two drops may be instilled in the eye as needed. To prevent contamination of the dropper tip and solution, avoid touching the eyelids, surrounding areas, or other surfaces with the dropper tip! When not in use, keep the bottle tightly closed. After removing the cap from the bottle, remove the safety ring if it is loose before using the medication.

1. Before using the bottle for the first time, record the date of opening in the space provided on the label.
2. Take the DURATEARS bottle and a mirror.
3. Wash your hands.
4. Twist off the bottle cap.
5. Hold the bottle upside down between your thumb and fingers.
6. Tilt your head back. Pull down your lower eyelid with a clean finger to create a "pocket" between your eyelid and eye. The drop should fall into this pocket.
7. Bring the tip of the bottle close to your eye. Use the mirror if necessary.
8. Make sure the dropper does not come into contact with the eye or eyelid, the area around the eye, or other surfaces. It could contaminate the drops.
9. Gently press the bottom of the bottle to release one drop of DURATEARS at a time.
10. After using DURATEARS, press a finger into the corner of your eye, near the nose. This helps prevent DURATEARS from spreading to the rest of the body.
11. If you use drops in both eyes, repeat these steps for the other eye.
12. Immediately after use, twist the cap tightly back onto the bottle.
13. If a drop misses your eye, try again.

Have you used too much of this medication?

Rinse it out with warm water. Do not instill more drops until it is time for your next dose.

Did you forget to use this medication?

Continue with the next dose according to schedule. However, if it is almost time for your next dose, skip the missed dose and follow your normal dosing schedule. Do not use a double dose to make up for a missed one. If you are using other eye drops or ointments, wait at least 5 minutes between each medication. Ointment should be administered last. Do you have any other questions about using this medication? Please contact your doctor or pharmacist.

Possible Side Effects

Like any medication, this medication can have side effects, although not everyone experiences them.

You may experience the following side effects:

- Side effects that occur very frequently (can occur in 1 or more out of 10 users): • Effects on the eyes: blurred vision
- Side effects that occur frequently (can occur in 1 to 10 out of 100 users): • Effects on the eyes: dry eye, eyelid disorder, abnormal sensation or foreign body sensation in eyes, discomfort in the eye
- Side effects that occur occasionally (can occur in 1 to 10 out of 1,000 users): • Effects on the eyes: itchy eyes, eye irritation (burning and tingling sensation upon administration) or redness, • General side effects: headache, • Unknown (cannot be determined from the available data):
- Effects on the eyes: redness of the eyelid, eye pain or swelling, eye discharge, scaling of the eyelid, increased tear production
- General side effects: allergy (hypersensitivity)

How to store this medication?

Keep out of the sight and reach of children.

Do not use this medication after the expiry date which is stated on the box and the label on the bottle after 'EXP'. The month and year are indicated. The last day of that month is the expiry date.

Store below 25 °C. Keep the packaging tightly closed.

To prevent contamination, you may use the bottle for up to 4 weeks after first opening it. After that, use a new bottle. Write the date of opening on the designated space on the label of the bottle and the box.

Do not flush medicines down the sink or toilet or throw them in the trash can. Ask your pharmacist what to do with medicines you no longer use. They will be disposed of in a responsible manner and will not harm the environment.