

Aluminium Hydroxide Magnesium Hydroxide 400mg/400mg Chewable Tablets

What Aluminium Hydroxide Magnesium Hydroxide is and what it is used for

Aluminium Hydroxide Magnesium Hydroxide Sugar Free Chewable Tablets contain two different medicines. They are called Aluminium hydroxide and Magnesium hydroxide. They belong to a group of medicines called antacids. Aluminium Hydroxide Magnesium Hydroxide Sugar Free Chewable Tablets are used for:

- Heartburn or when your stomach has too much acid (indigestion)
- Lowering the amount of acid in your stomach or gut (intestine) when you have an ulcer.

Aluminium Hydroxide Magnesium Hydroxide works by lowering the amount of acid in your stomach.

Before you use Aluminium Hydroxide Magnesium Hydroxide

Do not take Aluminium Hydroxide Magnesium Hydroxide if:

You are allergic (hypersensitive) to Aluminium hydroxide or Magnesium hydroxide or any of the other ingredients in Aluminium Hydroxide Magnesium Hydroxide Tablets. Signs of an allergic reaction include:

- a rash,
- swallowing or breathing problems,
- swelling of your lips,
- face,
- throat
- tongue.
- You are feeling very weak and have no energy (debilitated).
- You have kidney problems.
- You have low levels of phosphate (called 'hypophosphataemia'. This is shown up in blood tests.
- You have severe stomach pain.
- Your bowel is partially or fully blocked.

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Aluminium Hydroxide Magnesium Hydroxide.

Warnings and precautions

Take special care with Aluminium Hydroxide Magnesium Hydroxide Check with your doctor or pharmacist before taking this medicine if:

- You suffer from porphyria
- You suffer from diabetes

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Aluminium Hydroxide Magnesium Hydroxide.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines.

This includes medicines you buy without a prescription, including herbal medicines.

Aluminium Hydroxide Magnesium Hydroxide should not be taken at the same time as other medicines. This is because Aluminium Hydroxide Magnesium Hydroxide can affect the way other medicines work.

In particular, Aluminium Hydroxide Magnesium Hydroxide can affect the following medicines:

- Medicines used to treat the heart such as digoxin, quinidine, metoprolol, atenolol, rosuvastatin or propranolol
- Medicines used to treat anaemia such as iron salts
- Medicines used to treat dyspepsia such as ranitidine and cimetidine
- Medicines used to treat malaria such as chlorquine
- Medicines used to treat some bone disorders such as diphosphonates
- Medicines used to treat some allergic, inflammatory or autoimmune disorders such as glucocorticoids
- Medicines used to treat kidney disorders such as citrates
- Medicines used to treat tuberculosis such as ethambutol or isoniazid
- Medicines used to treat bacterial infections such as fluoroquinolones or lincosamides
- Medicines used to treat infections such as ketoconazole, tetracyclines, cephalosporins such as cefpodoxime & cefdinir
- Medicines used to treat mental illness (psychosis) such as phenothiazines, neuroleptics
- Medicines used to treat increased amounts of potassium in the body such as polystyrene sulfonate
- Non-steroidal anti-inflammatories such as diflunisal or indometacine
- Medicines used to treat thyroid problems such as levothyroxine
- Medicines used to treat arthritis such as penicillamine
- Vitamins

Pregnancy and breast-feeding

Talk to your doctor or pharmacist before taking this medicine if:

- You are pregnant, might become pregnant, or think you may be pregnant.
- You are breast-feeding or planning to breast-feed

You should not take Aluminium Hydroxide Magnesium Hydroxide during the first three months of pregnancy.

Important information about some of the ingredients of Aluminium Hydroxide Magnesium Hydroxide

Aluminium Hydroxide Magnesium Hydroxide Sugar Free Chewable Tablets contains 109.9mg of sorbitol (E420) and 632.62mg of Maltitol (E965). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

How to take Aluminium Hydroxide Magnesium Hydroxide

Adults: 1-2 tablets chewed 4 times daily, taken 20 minutes to 1 hour after meals and at bedtime, or as directed by the physician. A maximum of 8 tablets in a 24 hour period should not be exceeded, nor should the maximum dose continue for more than 2 weeks except under the direction of the physician.

If you take more Aluminium Hydroxide Magnesium Hydroxide than you should

Talk to your doctor or go to a hospital straight away. Remember to take any medicine that is left with you so the doctor knows what you have taken.

Possible side-effects

Like all medicines, Aluminium Hydroxide Magnesium Hydroxide can cause side effects, although not everybody gets them. Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days. Also tell them if you notice any side effects not listed in this leaflet:

- Constipation
- Diarrhoea
- Allergic or anaphylactic reaction, signs include: red and lumpy skin rash, swollen eyelids, face, lips, mouth or tongue, itching, difficulty breathing or swallowing
- Hypophosphatemia, this may occur at high doses of the product or even at normal doses, especially in patients with low phosphorus diets or in infants less than 2 years
- Hypermagnesemia is an electrolyte disturbance where there is an abnormally elevated level of magnesium in the body
- Hyperaluminemia is an electrolyte disturbance where there is an abnormally elevated level of aluminium in the body These side effects can happen, but are not common

How to store Aluminium Hydroxide Magnesium Hydroxide

- Keep this medicine in a safe place where children cannot see or reach it.
- Do not store above 25°C. Store in the original package to protect from moisture.
- Do not use Aluminium Hydroxide Magnesium Hydroxide after the expiry date which is stated on the blister strip and carton after EXP. This expiry date refers to the last day of that month.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.